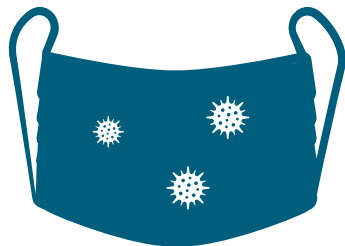


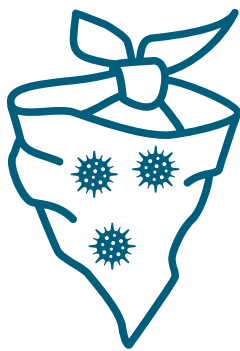
# WEARING MASKS

Ensure your mask is well-fitted and does not gape at the sides.



A mask can be contaminated on the outside. Avoid moving or adjusting the mask.

Wash your hands before putting on your mask as well as before and after taking it off.



Cloth masks should only be worn a short time. They can trap virus particles when damp, putting you at greater risk.

If wearing a non-medical mask, carry additional clean masks with you and safely store used masks until they can be washed.



Masks must be carefully handled to avoid spreading infection to others. Gently remove your mask and place it in a plastic bag until it can be properly disposed of.

Continue to practice physical distancing, keeping at least 2m away from other people wherever possible.

